

Leading with Agility: Self-Leadership

14 PMI PDUs | 14 IIBA CDUs



Andy van der Gugten
Instructor

Format: Live Instructor-Led
Online through Zoom

Date: September 15 - 17, 2025

Time: 12:00 PM - 4:30 PM ET

Price: \$550 per person

To register:

Email Chris Remmert
cremmert@nysforum.org
and indicate the course
title in the subject line.

Technology and Attendance

Requirements:

Computer with a browser, Zoom, a microphone and speaker. For this workshop, camera should be on if possible and you must be actively participating.

Do you have the effective leadership skills to lead both yourself and your people in a constantly adapting and changing work environment?

In the new world of work, leadership is a competency and attitude that everyone needs to develop. Our Leading Self: Leading with Agility course is an immersive and interactive journey that uncovers how important leadership is to modern working practices and the differences between management and leadership and how it needs to be considered in all contexts and levels inside the organisation. We will then amplify the learning to discuss how this influences and is influenced by agility so that you can lead yourself first and then create an environment that will allow agility to thrive.



Certification:

The ICAgile Certified Professional Leading with Agility (ICP-LEA) certification is granted on the successful completion of this course. This certification is part of the ICAgile Agility in Leadership Track.



Learning Outcomes:

During this course you will learn about:

- The new organizational and leadership capabilities that are needed today, including an innovative culture, collaborative environments, continuous engagement and organizational learning and sense-making
- The behaviours that increase agility including leading with influence and different leadership styles
- The skills of self development through self awareness and mindfulness
- Developing relationship agility and thinking about organizations as human systems
- Using conversations and storytelling as a key vehicle for communication
- Supporting organizational change and transformation for agility

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This course will contribute 14 PMI® professional development units (PDUs) towards your chosen certification (12 Power Skills and 2 Business Acumen).

Great for:

- Leaders at every level guiding teams as they navigate through change.
- Agile coaches and consultants looking to understand how leadership needs to adapt in agile environments.
- Anyone in, or aspiring to be in, leadership roles with a willingness to challenge the status quo and embrace change.

Prerequisites

To get the most out of this course, you will need a willingness to challenge traditional thinking and a desire to deliver outcomes for your organisation. It is recommended that participants have foundational knowledge of Agile values, principles, and mindset through formal training like our Agile Fundamentals or Business Agility Fundamentals courses or have relevant experience working in the Agile context.

Content:

Topics and exercises covered in the course include:

- Leadership Capability
 - Organizational Agility
 - Management Compared to Leadership
- Behaviors to Increase Agility
 - Complexity
 - Leadership Styles
 - Power vs Influence
 - Team Dynamics and Leadership
 - Leadership and Culture
- Developing Personal Agility
 - Self Awareness and Emotional Intelligence
 - Mindfulness
 - Personal Purpose and Values
- Developing Relationship Agility
 - Emotional Intelligence
 - Organizations as Human Systems
 - Leading with Empathy
- Agility in Key Conversations
 - Conversations
 - Story Telling
- Leading to Agility
 - Organizational Change and Transformation
 - Leading from the Future
 - Creating a Vision & Creative Tension
 - Staying the Course

Lecturing is kept to the minimum necessary where most of the learning is achieved by applying the practices and techniques in group exercises. Our LiveOnline delivery is over three days (each four and a half hours in duration). The instructor is 100% live and interaction and learning objectives are the same as our in-person classes with the added benefit of being able to take this course from your home, your office or your home office. Since this class is delivered over half-days it allows for greater flexibility and leaves you with time each day for other work or activities.