

# Agile Fundamentals

14 PMI PDUs | 14 IIBA CDUs



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Instructor

**Format:** Live Instructor-Led  
Online through Zoom

**Date:** September 14 - 16, 2026

**Time:** 12:00 PM - 4:30 PM ET

**Price:** \$550 per person

## To register:

Email Chris Remmert  
[cremmert@nysforum.org](mailto:cremmert@nysforum.org)  
and indicate the course  
title in the subject line.

## Technology and Attendance

### Requirements:

Computer with a browser, Zoom, a microphone and speaker. For this workshop, camera should be on if possible and you must be actively participating.

Want to know what agile is all about? If you're new to the agile world and need a solid introduction to the agile way of thinking and doing – our Agile Fundamentals course is a perfect fit.

Ideal for both business and technical teams, this course examines the roles and responsibilities of team members working in an agile way. It delves into the specific practices used in agile projects, explains the theory and concepts behind the agile approach, and prepares you to work confidently and effectively in an agile environment. Not only that, you will also learn about the structure for defining value to ensure you and your team work on the right product at the right time for the right customer.

This is one of our most popular agile course for individuals, teams, and organizations seeking introductory agile training.

## Certification:



ICAgile accredited course:

Successful completion of this course will enable you to become a 'Certified ICAgile Professional'.



This course will contribute 14 PMI® Professional Development Units towards your chosen certification (10 Ways of Working and 4 Power Skills).

## Learning Outcomes:

By the end of the course you will be able to understand:

- The background of participating in an agile workplace
- The roles and responsibilities of a typical agile team
- The various tools available to agile teams to facilitate conversation about priorities
- How agile teams cooperate and collaborate to deliver business value
- The important interpersonal skills agile environments encourage and foster
- How discipline and standards contribute to agility

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## Great for:

- Team members starting out in an Agile workplace.
- Project managers entering the Agile environment.
- Managers of teams involved in Agile ways of working.
- Consultants looking for a solid grounding in an Agile approach.

## Content:

### An agile mindset:

- Why agile?
- Key values
- Lifecycle and frameworks
- Agile teams - roles and responsibilities
- Collaboration and mindset
- Tools to help create agility

### Core agile concepts:

- Workflow and transparency
- Product vs. project
- Changing the way we work

### Discover:

- Aligning the idea
- Design
- Stories and story mapping
- Quality, definition of done and estimation
- Release planning

### Deliver and operate:

- Deliver
- Operate

### What's Next:

- Agile Ri (creating your own list of work-on and improvements).

Lecturing is kept to the minimum necessary where most of the learning is achieved by applying the practices and techniques in group exercises. Our LiveOnline delivery is over five days (each four and a half hours in duration). The instructor is 100% live and interaction and learning objectives are the same as our inperson classes with the added benefit of being able to take this course from your home, your office or your home office. Since this class is delivered over half-days it allows for greater flexibility and leaves you with time each day for other work or activities.