

Leading Self: Leading with Agility

14 PMI PDUs | 14 IIBA CDUs



Jessica Katz
Instructor

Format: Live Instructor-Led
Online through Zoom

Date: September 23 - 25, 2026

Time: 12:00 PM - 4:30 PM ET

Price: \$650 per person

To register:

Email Chris Remmert
cremmert@nysforum.org
and indicate the course
title in the subject line.

Technology and Attendance

Requirements:

Computer with a
browser, Zoom, a
microphone and
speaker. For this
workshop, camera
should be on if possible
and you must be
actively participating.

DO YOU HAVE THE EFFECTIVE LEADERSHIP SKILLS TO LEAD BOTH YOURSELF AND YOUR PEOPLE IN A CONSTANTLY ADAPTING AND CHANGING WORK ENVIRONMENT?

In the new world of work, leadership is a competency and attitude that everyone needs to develop. Our Leading Self: Leading with Agility course is an immersive and interactive journey that uncovers how important leadership is to modern working practices and the differences between management and leadership and how it needs to be considered in all contexts and levels inside the organisation.

We will then amplify the learning to discuss how this influences and is influenced by agility so that you can lead yourself first and then create an environment that will allow agility to thrive.

Certification



The ICAgile Certified Professional – Leading with Agility (ICP-LEA) certification is granted on the successful completion of this course.

This certification is part of the ICAgile Agility in Leadership Track.



This course will contribute 14 PMI® professional development units (PDUs) towards your chosen certification (12 Power Skills and 2 Business Acumen).

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Learning Outcomes:

During this course you will learn about:

- The new organizational and leadership capabilities that are needed today, including an innovative culture, collaborative environments, continuous engagement and organizational learning and sense-making.
- The behaviors that increase agility including leading with influence and different leadership styles.
- The skills of self development through self awareness and mindfulness.
- Developing relationship agility and thinking about organizations as human systems.
- Using conversations and storytelling as a key vehicle for communication.
- Supporting organizational change and transformation for agility.

Great for:

- Leaders at every level guiding teams as they navigate through change.
- Agile coaches and consultants looking to understand how leadership needs to adapt in agile environments.
- Anyone in, or aspiring to be in, leadership roles with a willingness to challenge the status quo and embrace change.

Prerequisites

To get the most out of this course, you will need a willingness to challenge traditional thinking and a desire to deliver outcomes for your organization. It is recommended that participants have foundational knowledge of Agile values, principles, and mindset through formal training like our Agile Fundamentals or Business Agility Fundamentals courses or have relevant experience working in the Agile context.

Lecturing is kept to the minimum necessary where most of the learning is achieved by applying the practices and techniques in group exercises. Our LiveOnline delivery is over three days (each four and a half hours in duration). The instructor is 100% live and interaction and learning objectives are the same as our in-person classes with the added benefit of being able to take this course from your home, your office or your home office. Since this class is delivered over half-days it allows for greater flexibility and leaves you with time each day for other work or activities.

Content:

Leadership Capability

- Organizational Agility
- Management Compared to Leadership

Behaviors to Increase Agility

- Complexity
- Leadership Styles
- Power vs Influence
- Team Dynamics and Leadership
- Leadership and Culture

Developing Personal Agility

- Self Awareness and Emotional Intelligence
- Mindfulness
- Personal Purpose and Values

Developing Relationship Agility

- Emotional Intelligence
- Organizations as Human Systems
- Leading with Empathy

Agility in Key Conversations

- **Conversations**
- **Story Telling**

Leading to Agility

- Organizational Change and Transformation
- Leading from the Future
- Creating a Vision
- Creative Tension
- Staying the Course